Bernard Foods Calcium &	
Vitamin Enriched Beverage Mix	
Nutrition	Facts
1 servings per containe	r
Serving size	1 cup (3.3g)
Amount Per Serving	
Calories	5
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate Og	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Suga	ars 0%
Protein Og	
Vitamin D	35%
Calcium	25%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin C	100%
Vitamin E	35%
Vitamin B12	35%
*The % Daily Value (DV) tells you how much a nutrient in a	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.